



Woofpack Dog Training  
www.woofpacknc.com

# Potty Training

## Keys to Success

### PROVIDE APPROPRIATE OPPORTUNITIES

Take your puppy out frequently and give them time to potty. At the beginning of potty training, you may need to take your puppy at least once per hour and increase time after they've been successful for several days in a row.

### SUPERVISE OR CRATE AT ALL TIMES

Keep your puppy on a leash or in the crate at all times so that you can keep an eye on them.

### BE CONSISTENT WITH LOCATION & ELIMINATE DISTRACTIONS

Take your puppy to a spot in your yard where you've cleared away leaves, sticks, and other distractions.

### TEACH A COMMAND

When your puppy begins to sniff, tell them a command like, "Go potty!"

### REWARD SUCCESS!

Immediately after your puppy urinates or defecates, tell them, "Good!" and reward with a treat.

### DON'T PUNISH POTTYING

Make sure your puppy is supervised and has plenty of opportunities to eliminate so that they can be successful. Punishment for pottying indoors can cause confusion and even teach your dog that you don't like when they eliminate in front of you.

## Signs your Pup Needs to Potty

- Sniffing
- Pacing or Circling
- Going to the Corner or Edges of the Room
- Whining

## Activities That May Cause Your Pup to Potty

- Playing or Running
- Drinking Water
- Mealtime
- Sleeping

\*Potty training accidents can be caused by medical issues. If your puppy suddenly changes bathroom habits, call your veterinarian.

\*A general rule is that your puppy should be able to hold urine for their age in months plus 1 hour. For example, if your puppy is 3 months old, they should be able to hold urine for 4 hours. If your puppy is urinating more frequently than their age in months plus one, call your veterinarian.